

INSIIDE Track

40-Year Cycle - Solar, Seismic & Silver Cycles

Outlook 2023

40-Year Cycle VIII

05-30-23 - A new 40-Year Cycle has begun. That has been a topic of discussion for the past ~10 years - identifying 2016 - 2021 as the *culmination* of the previous 40-Year Cycle and 2022 as the *onset* of a new one... *often the most volatile time within cycles*.

That 'volatility' also applies to nature and the world around us. Due to the synergy of several corroborating cycles, the start of this latest 40-Year Cycle (40YC VIII) could also be an explosive period... in many respects.

The period of **late-2021 - late-2025** has already been forecast to include the latest phases of:

- 80-Year Cycle of War
- Solar/Sunspot Cycles
- Volcanic Eruption Cycles

Explosive Activity

Late-2019/early-2020 marked the start of the upswing of *Solar Cycle 25* - a multi-year period of steadily intensifying explosions on the surface of the Sun. That has been expected to lead to at least one major solar storm in **2023** or **2024** (or both, but **2023** is primary candidate).

Late-2021/early-2022 initially validated the outlook - discussed since 2014 - for the resurgence of a period of war in 2021 - 2025, linked primarily to Europe and secondarily (last 3 - 4 phases) to America.

Similar to 80 years ago, and 80 years before that, etc., the years following that cycle have witnessed global-altering events. **2025 - 2029** is cyclically similar (**late-2027 - late-2028** could be most significant).

2022 - 2024 is when volcanic activity was/is ex-

pected to intensify... though the *90/10 Rule of Cycles* (linked to *Pareto's Principle*) could apply. The intriguing thing about this cycle is that it represents the convergence of a myriad of corroborating volcanic and/or geophysical cycles.

40-Year Cycle

~40 years ago, the 1980's came to life with the May '80 eruption of Mt St Helen's and the ensuing '82 eruption of El Chichon - *'the largest disaster in modern Mexican history'*.

Soon after, the eruption of Galunggung in Indonesia nearly created a pair of aviation disasters. The first involved a British Airways 747 and the second involved a Singapore Airlines 747 that *'flew into a plume of burning ash shot out by a volcano today and plunged more than a mile with engines aflame before making a safe emergency landing'*.

There were dozens of other volcanoes erupting - as there are at almost any point in time - but this was a 'swarm' of several devastating ones.

40 years later, in early-2022, a new cycle began with the *'highest ever recorded plume'* and *'the most powerful natural explosion in more than a century'* from an undersea volcano in Tonga. (See inset.)

One of the intriguing aspects of the 1980 - 1982 eruptions is the interplay of other cycles... and how similar interplay could influence the current period.

That ~3-year period began about 4 years into *Solar Cycle 21*... after the Sun had a few years of explosive activity, bombarding Earth with some of its fury.

Late-2023 is the beginning of a related period.

However, it is the larger-magnitude cycles that are concerning...

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7-Year Related Cycles

Two of the larger cycles are related to the ubiquitous 7-Year Cycle with the larger of the two being a ~210-Year Cycle of Volcanic Swarms.

The lesser is its half-cycle - a ~105-Year Cycle of Volcanic Swarms. In both cases, I look at a 5 - 10 year period to identify this cycle and the emergence of Major eruptions (VEI 4 - 7) to validate the cycle...

2017 - 2027 - Latest phase of 105 & 210-Year Cycles. Hunga Tonga-Hunga Ha'apai underwater eruption in 2022; recent activity intensifying.

1912 - 1922 - Included eruptions of Novarupta in 2012 (Alaska; largest eruption of the 20th century) & Mt Lassen in 1914 - 1917.

1807 - 1817 - Tambora (1815)... led to Year with a Summer in 1816; Mystery eruption in SW Pacific (VEI 6 - 7) of 1808; Putana eruption of 1810 (Chile); Major eruptions in Azores Islands (Urzelina) and Philippines (Taal Volcano) in 1808.

1702 - 1712 - Tseax Cone (British Columbia), Arafu (1705; 3rd in series of volcanoes in Tenerife in 1704-1705); Mt Fuji (1707-08; following 8.2 & 8.7 eqs in 1703 & 1707); Mt Agung (Bali - 1710-11); Great Frost/Freeze of England and Europe in 1709 coincided.

1597 - 1607 - Huaynaputna (Peru; VEI 6) - 1600.

7-Year Related Cycles - II

The 210-Year Cycle also breaks down into a ~70-Year Cycle that includes many of the most powerful eruptions in recent centuries:

2019 - 2026 - Latest phase of 70-Year Cycle. Hunga Tonga-Hunga Ha'apai eruption in 2022, ???.

1949 - 1956 - Lamington (1951)

1879 - 1886 - Krakatoa (1883)

1809 - 1816 - Tambora (1815)

1739 - 1746 - Major (VEI 5) eruption of Mt Tarumae in Japan (1739) AND Mt Asahi (Japan), Japan's tallest mountain... linked to *Forgotten Famine* of 1740. Oshima in Japan (1741/1742) - led to/ coincided with Kampo Tsunami (maximum heights over 250 feet); Cotopaxi (VEI 4) eruption in Ecuador (1743/1744).

1669 - 1676 - Shikotsu (VEI 5) eruption in 1667.

1599 - 1606 - Huaynaputna (Peru) - 1600

1529 - 1536 - Telica (VEI 4) in Nicaragua in 1529; Cotopaxi (VEI 4) in Ecuador 1532 & 1534...

...dating all the way back to 1257 (VEI ~7) eruption of Samalas volcano in Indonesia - one of the largest volcanoes in the past ~10,000 years. 770 years later is **2027**.

There are other corroborating cycles that will be examined later, all converging in the coming years.

The beginning of 40-Year Cycle VIII - in **2022/2023** - has ushered in what could be a dramatic period of time, beginning with a momentous 'week of time' - a 7-year period - from **late-2021** into **late-2028**. *Could be an explosive time!...*

GOLD & SILVER peaked in perfect sync with cycle highs on **May 3 - 5**. Ever since Gold's buy signals on March 5 & March 8, Gold & Silver were forecast to surge into **early-May '23** and fulfill a ~4-month low-high-(high) Cycle Progression in Silver and ~3-month low-high-(high) Cycle Progression in Gold.

Both reached upside price targets (**2060 - 2080/GC & 26.50/SI**), reinforcing those timing targets and prompting the outlook (in **Weekly Re-Lay**) for a sell-off from May 3/4 into **May 30** - when Gold would match the duration of its previous decline - and down to ~**1940/GC**.

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Reinforcing that, Silver reached its downside targets while testing its weekly *21 Low MAC (22.99/SIN)*, finishing last week right at its monthly *HLS (23.36/SIN)*, and turning its weekly trend down in the process.

That lagging/confirming indicator usually times an initial low (right around time of reversal) and triggers a multi-week bounce, while foreshadowing a future sell-off after that bounce.

More than anything it shows that Silver could be in for a couple months of congestion... with an intervening high likely in **early-July '23**.

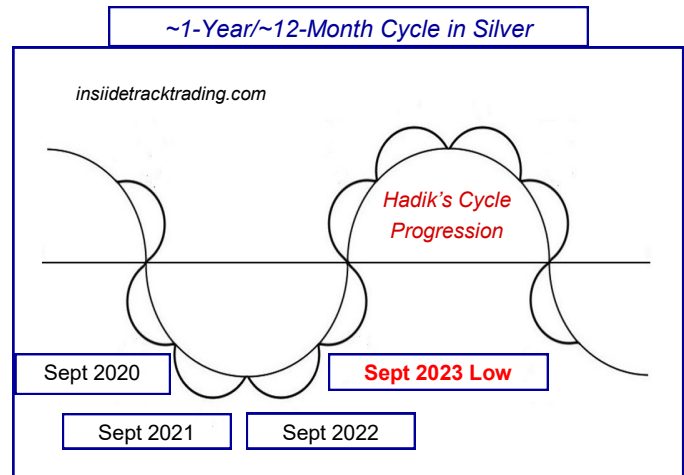
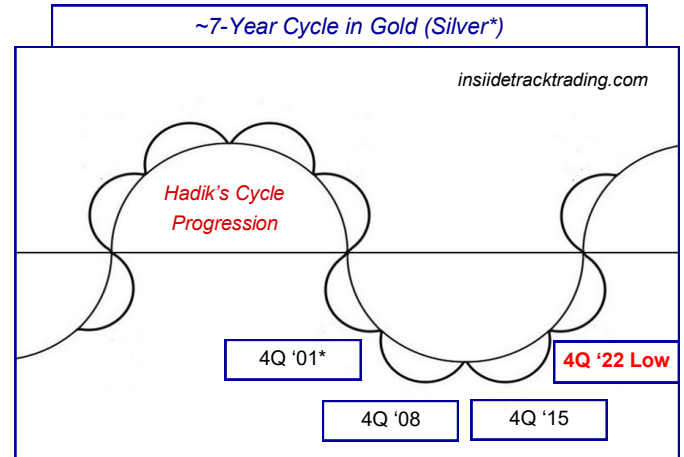
The early-May '23 peak reinforced the intra-year outlook, including ongoing analysis for another rally in **3Q or 4Q '23** - leading to an intra-year peak into **late-Oct/early-Nov '23**, the latest phase of a consistent ~9.5-month cycle that timed the March '22 peak and then the **early-Jan '23** peak.

A high in **early-Nov '23** would perpetuate an overarching ~19-month high-high-high-(high) *Cycle Progression* in Silver & complete a ~1-year/~360-degree advance in Gold.

The **early-May '23** peak created a corroborating ~6-month/~180-degree low (early-Nov '22) - high (**early-May '23**) - high (**early-Nov '23**) *Cycle Progression*.

As is often the case, a large part of the next advance could occur toward the end of that cycle.

In the interim, the early-March '23 low fulfilled a ~6-month high (early-Mar '22) - low (early-Sept '22) - (low; early-March '23) *Cycle Progression* that projects Silver to generate a higher low in **Sept '23** - prior to a rally into, and peak in, **late-Oct/early-Nov '23**."



June 2023 - All signs point to intensifying activity - in nature and in the markets - in **4Q '23 - 4Q '24**. Gold & Silver could provide advanced warning signs if they bottom in **mid/late-Aug '23** (Gold) & **Sept '23** (Silver) and then surge into **late-Oct/early-Nov '23**.

That would likely be just the 'opening act' for what is expected in 2024 & 2025, when the real 'intensity' is scheduled to take hold. The stage is being set for 'fireworks' in **2024/2025! IT**

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4-29-23 - "The **early-March '23** low fulfilled a ~6-month high (early-Mar '22) - low (early-Sept '22) - (low; **early-March '23**) Cycle Progression and a precise 50% retracement in time (4 mos up into early-Jan '23, 2 mos down into early-Mar '23) in Silver... Silver could set a higher low in **Sept '23**..."

5-06-23 - "GOLD & SILVER are reinforcing signs of an intermediate peak, particularly in Gold, after reaching 1 - 2 month upside price targets from the buy signals triggered in early-March '23. As part of that peak, Gold & Silver did retest their highs with both spiking right up to the 2 - 3 month upside targets (2060 - 2080/GCM & ~26.50/SIN) and monthly resistance levels at 2063 - 2084.7/GCM & 26.47 - 26.84/SIN.

That fulfilled the 'window of opportunity for a quick spike up in the early days of **May '23** - in line with 2, 3 & 4-month high-high cycles' discussed last week... Gold and Silver are reinforcing signs that a 1 - 2 year uptrend is underway. Both bottomed in line with multi-year cycle lows in late-2022 and have rallied, on balance, ever since then... The **early-March '23** low fulfilled a ~6-month high (early-Mar '22) - low (early-Sept '22) - (low; **early-March '23**) Cycle Progression... If that cycle remains in force, Silver could set a higher low in **Sept '23** - prior to a more significant peak expected in **late-Oct/early-Nov '23**."

5-13-23 - "GOLD & SILVER are selling off after precisely fulfilling cycles that projected a decisive peak on **May 3 - 5** - fulfilling a ~3-month low-high-(high) Cycle Progression in Gold and a ~4-month low-high-(high) Cycle Progression in Silver... They did that while also fulfilling upside price targets at 2060 - 2080/GC & 26.50/SI - the ultimate objectives from the buy signals triggered in early-March '23..."

The **early-March '23** low fulfilled a ~6-month high (early-Mar '22) - low (early-Sept '22) - (low; **early-March '23**) Cycle Progression and a precise 50% retracement in time (4 mos up into early-Jan '23, 2 mos down into early-Mar '23) in Silver... reinforcing its significance. If that cycle remains in force, Silver could set a higher low in **Sept '23** - prior to a more significant peak expected in **late-Oct/early-Nov '23**. One possibility... would result in a future peak during the first half of **July '23**

5-20-23 - "GOLD & SILVER are selling off after precisely fulfilling cycles that projected a decisive peak on **May 3 - 5**... They did that while also fulfilling upside price targets at 2060 - 2080/GC & 26.50/SI - the ultimate upside objectives for that advance. That signaled a multi-month top..."

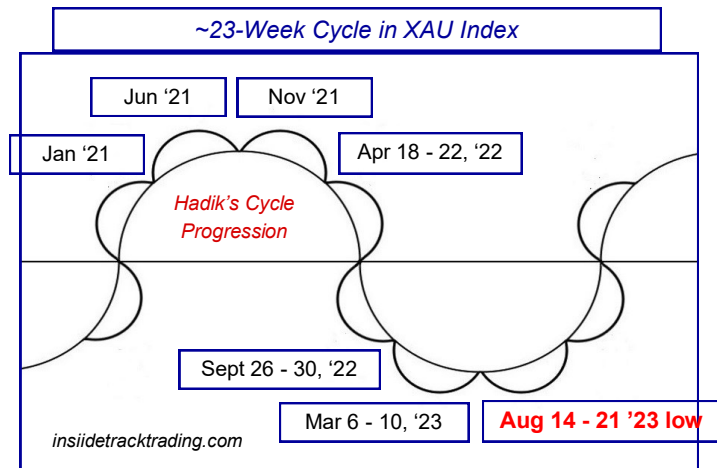
On a broader basis, Gold and Silver are reinforcing signs that a 1 - 2 year uptrend is underway. Both bottomed in line with multi-year cycle lows in late-2022 and have rallied, on balance, ever since then. They subsequently set secondary lows in March '23 - corroborating this outlook... Silver could set a higher low in **Sept '23**..."

5-27-23 - "GOLD & SILVER have sold off after precisely fulfilling cycles that projected a decisive peak on **May 3 - 5**... Silver finished the week right at its monthly HLS (23.36/SIN)... while turning its weekly trend down... the weekly trend action could lead to a rally into **early-July '23** - when intermediate cycles next peak... followed by a decline into **Sept '23** - with Silver dropping below its late-May (or early-June) low... Silver could set a higher low in **Sept '23** - prior to a more significant peak expected in **late-Oct/early-Nov '23**..."

June 2023 - The verdict appears to be in. Cycles, wave structure, monthly & weekly trend indicators and other technical project an overall decline in precious metals - leading to a multi-month low for Gold on **Aug 14 - 25, 23** and for Silver in **Sept '23**. That should lead to initial rallies into **late-Oct/early-Nov '23** as part of larger advances.

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May '23 INSIIDE Track Excerpt

Earth Directed Explosion on the Sun

4/21/23 - AN EARTH-DIRECTED EXPLOSION ON THE SUN: Yesterday (April 21st), a large magnetic filament snaking across the sun's southern hemisphere exploded, hurling a CME straight toward our planet. Estimated time of arrival: April 24th. - Spaceweather.com

4/24/23 - Severe Geomagnetic Storm Sparks Global Auroras; A CME hit Earth on April 23rd, sparking a severe G4-class geomagnetic storm. Auroras spread across Europe as far south as France with sightings from brightly-lit cities such as Berlin and Kraków. Bright red auroras are also being reported from China." - Spaceweather.com

4/24/23 - The Sun Just Sent Auroras to the US-Mexico Border: Last night during a severe geomagnetic storm, auroras spilled out of the Arctic Circle and descended almost all the way to Mexico. Reports of red lights in the sky are pouring in from the entire southern tier of US states including California, Texas, Arizona, New Mexico and Arkansas."

4-27-23 - The first 'month' of *Natural Year 2023/24* began with a (solar) bang as multiple, intensifying solar storms emerged - often with little warning. This is the time (**NY 2023/24**) when the greatest synergy of sunspot/solar storm-related cycles collide and recent activity continues to validate that analysis. *Stay tuned... and stay alert!*

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April '23 INSIIDE Track Excerpt

Outlook 2023

Natural Year 2023/24

03-30-23 - Several markets or market complexes - including gold, grains and interest rate futures - completed intermediate surges or declines into the week of **March 20 - 24, '23**.

On their own, there is nothing that remarkable or noteworthy about those moves. However, they have the potential to become significant as the next ~3 weeks unfold.

The reason for this has to do with what is best described as the first month of the *Natural Year*. It is the first ~30-day period following the Vernal Equinox... and holds great significance for the ensuing ~11 months of that *Natural Year* (until *Vernal Equinox 2024*).

Opening Range

For those that view the calendar from a 'natural' standpoint (as most agrarian or agricultural-based societies do), this period is the 1st month of the *Natural Year* in the N. Hemisphere - *beginning* with the vernal equinox (March 20, 2023).

However, it is often the end of that 'month' that is the most important... for multiple reasons.

If one were to begin a calendar on the vernal equinox, the first month of that year would end on **April 19/20**. It would be the 'opening range' for that *Natural Year*; a pivotal and determining factor for the ensuing intra-year trend.

Why?

The Sun governs our seasons, which are measured by the solstices and equinoxes. It also has a dramatic impact on our overall lives, not to mention the influence of something like the *Sunspot Cycle*... which has demonstrated its impact multiple times over the past ~three years.

This has been true in farming/ag-based societies for thousands of years. It was true in civilizations that worshipped the Sun (and established their calendars based on that focus) - much of which is still prevalent in our modern-day calendar and some holidays.

As such, the vernal equinox starts the clock on the 'opening range' of each Natural Year.

It is when the northern half of the earth transitions from seasonal 'death' to 'life'. In the old days, it was also when 'kings went off to war' (coming back to *life* just in time to go perpetrate *death*). *In 2022, that cycle was played out again on the global stage.*

From a trading standpoint, the action in that first 30 *days* represents a type of 'opening range' that would influence the trading of the rest of the *Natural Year*. This is similar to how I treat the first 3 weeks - and month - of the calendar year, the first 3 trading days of each month, and the first day of the week.

Once that *opening range* (first 30 days) of the *Natural Year* is complete, you have resistance and support for the entire period - both when the market is trading *in that range* AND once it has *broken out of it*.

You also have an important gauge of trend for that year (if the market is trading above that range, it is in an uptrend on an intra-year basis, etc.).

Emphasis on the *Natural Year* was more significant 100 years ago since the commodity markets were almost all agricultural.

Mid-April was the time when 'carry-over stocks' were at their lowest and when planting conditions and expectations for the new crop year - or growing season - were becoming apparent.

But it is not just trading that is impacted...

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April '23 INSIIDE Track Excerpt

This period - from March 20/21 to **April 19/20th** - marks a very important transition period linked to various means of measuring time with physical (natural), celestial (astronomy), metaphysical (astrology) and supernatural (Jewish & Christian commemorations) implications and influences.

It is a time to watch each year for signs of 'change'.

In many ways, **April 19/20th** acts like a deadline for determining what to expect in the coming (*Natural*) year. As I have discussed for the past three decades, that time (surrounding **April 19**) is what I term the *Date of Aggression... a dangerous period*.

In 2022, it was projected to time 3 - 6 month (or longer) peaks and trigger abrupt sell-offs in both stocks and gold. The DJIA & Gold precisely fulfilled that analysis and have still NOT returned to the highs set during that decisive week.

In contrast, 2020 provided the opposite with the entire stock market, most metals, and many commodities bottoming on March 18 - 23, 2020 and beginning new bull markets from there.

In 2021, stocks began a second intra-year rally in late-March and the originating lows became pivotal support that was tested multiple times in indexes like DJTA & Russell 2000.

In 2023, there are *some* similarities to 2022 in that stock indexes were projected to surge into April with certain indexes capable of stretching peaks into **April 14 - 21** (see pg 4).

*The weaker indexes bottomed on **March 20 - 24**, reinforcing this annual cycle.*

The key takeaway involves what occurs during that initial 'month' and what the markets reveal about the ensuing 11 'months' of that new *Natural Year*. And that doesn't *only* apply to the markets. *The natural and geopolitical world often concur.*

Linear Extrapolation

For years, the experts were saying *Solar Cycle 2025* (which began in Dec '19) was going to be another non-event, with lessening numbers of sunspots projected (using linear extrapolation of the most recent 3 - 4 Solar Cycles).

Cycles, as published repeatedly in *INSIIDE Track* and corresponding publications, projected *Solar Cycle 25* to be far more dramatic and disruptive (potentially damaging or devastating) - and produce

The 7th X-Flare of the Year - and its only March.

3/29/23 - YET ANOTHER X-CLASS SOLAR FLARE: *To-day, the sun produced another X-class solar flare with a strong shortwave radio blackout over southeast Asia. The explosion was the 7th X-class event of 2023.*

This matches the total number of X-flares in all of 2022, and it's only March. What does this mean for the intensification of Solar Cycle 25? Full story @ Spaceweather.com.

This is becoming routine. The sun just produced another X-class solar flare, the 7th of 2023. The X1.2-category explosion came from sunspot AR3256 near the sun's southwestern limb. Radiation from the flare ionized the top of Earth's atmosphere, causing a strong shortwave radio blackout over southeast Asia, Australia and New Zealand...

The real significance of this flare may be the number "7." That's the total number of X-flares in all of 2022. With to-day's flare, the sun has already matched that total in 2023-- and it's only March. This is yet another sign that Solar Cycle 25 is rapidly intensifying.

If the trend continues, we could have nearly 30 X-flares by the end of 2023, an order-of-magnitude greater activity than only two years ago. Official forecasts are calling for Solar Maximum to arrive in 2024 or 2025. If so, there is plenty of time for the solar cycle to intensify even more; X-flares could become routine, indeed."

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April '23 INSIIDE Track Excerpt

a significantly higher number of sunspots and have a serious impact - on everything from *Disease Cycles* to *Stock Panic Cycles* to *Drought/Deluge Cycles*. The excerpt included on page 2 demonstrates which of those outlooks is closer to being accurate.

And all along, those cycles have pinpointed **2023** & **2024** as the years when the most disruptive solar storms are most likely - with the primary focus on **2023** for a major, disruptive storm. *These 1Q '23 solar storms are acting like precursors.*

Coinciding with that outlook, cycles (as published repeatedly in *INSIIDE Track* and corresponding publications) also projected a new spike in *Disease/Viral Cycles* for 2019/2020, *Stock Panic Cycles* for 1Q '20, *War Cycles* for **2021 - 2025**, and *Drought-to-Deluge Cycles* to take hold in **2022/23**... the same time the experts were utilizing linear extrapolation of the previous years to project another drought-ridden winter for California and the west coast of North America.

So far, each of those related forecasts has come to fruition... lending a little credibility to related cycles and analysis for a major solar storm in **2023** and a major volcanic eruption in **2023, 2024**, or both.

Life, and nature, does not, has not, and never will unfold on a linear basis. It is cyclical!

And sooner or later, the experts need to wake up and recognize that... or continue to ignore it at their own peril. *What else does this mean for 2023 - 2025? Stay tuned.*

STOCK INDICES sold off into mid-March, when the leading/stronger indexes (NQ-100 and S+P 500) set multi-week lows in sync with multiple cycles including a ~30-day/~1-month *Cycle Progression*. That spurred a special **WR Alert**, explaining why the NQ-100 had bottomed...

The lagging Russell 2000 produced its own signs of bottoming, reinforcing the impact of the start of *Natural Year 2023/24*. The Russell 2000 perpetuated a ~3-month/~90-degree high (Mar '22) - low (Jun '22) - low (Sept '22) - low (Dec '22) - (low; **late-March '23**) *Cycle Progression* AND bottomed exactly 3 years from the 2020 lows - on **March 20 - 24, '23**.

The DJTA did the same, perpetuating a 3-month/~90-degree low (Sept 23) - low (Dec 22) - (low; **March 24**) *Cycle Progression* and has the potential to rally into **April 17 - 21** when it would perpetuate an ~11-week high-high-(high) *Cycle Progression* and complete a .618 rebound in time (47 weeks down, 29 weeks up). That could provide a perfect validation to *Natural Year* cycles.

For now, the NQ-100 remains the leader - on track for a surge from March 13...

The 'Ideal Scenario'

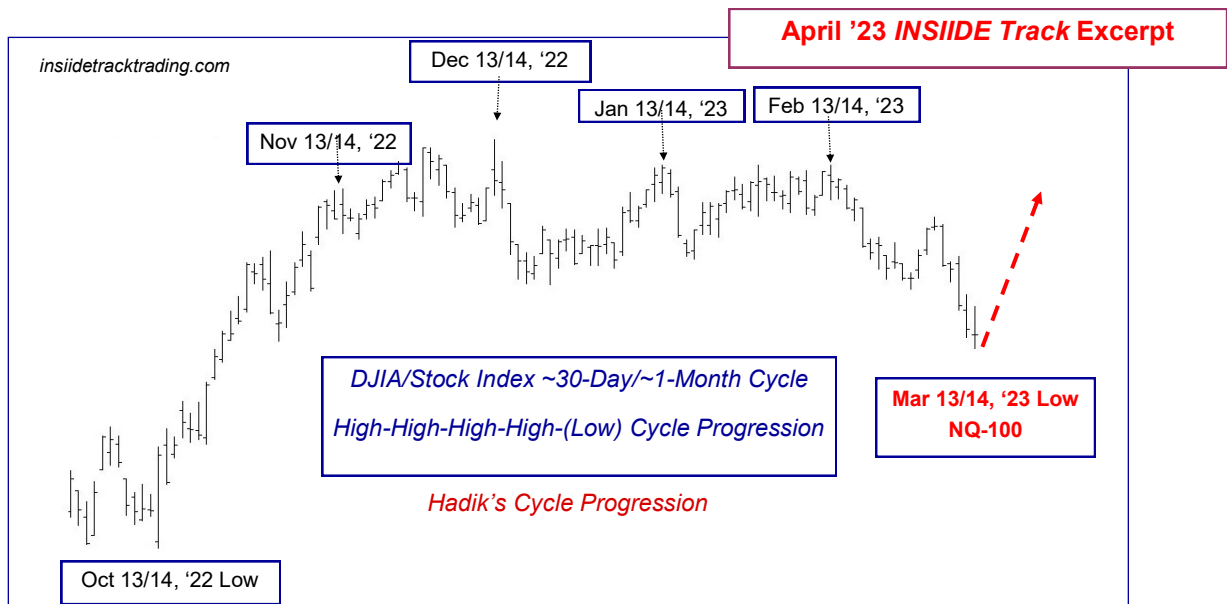
If I was to pick the ideal scenario for the DJIA in 2023 (the scenario that would fulfill the greatest number of currently-recognized cycles and price levels), it would go something like this:

The DJIA would peak near **33,800** in **early-April '23** ('ideally' on **April 3 - 6, '23**) and then sell off into **May '23**... The DJIA (and other indexes) would initially bottom in **May '23** and begin another phase of divergent lows... From there, they should work their way back up - on balance - into **1Q '24**... 'ideally' peaking in **Jan '24**.

Depending on the level of that peak, which is also still to be determined, the DJIA could reveal a great deal about what to expect in **2024/25** - a very tenuous time based on myriad global cycles, including the potential 'parabolic phase' of the *80-Year Cycle*

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of War, of Solar Cycle 25, and of Volcanic Cycles.

That *VERY* simple and *VERY* general sketch of one *possibility* should NOT be used for initiating stock positions - one way or the other. It can, however, be used as a gauge - or a litmus test - of how close or how distant the DJIA is adhering to monthly & yearly cycles and the perceived wave structure...

2024 is the next phase of the uncanny *17-Year Cycle* that precisely timed the Oct 2007 peak - and subsequent meltdown in 2008 - and which has also had a remarkably strong correlation with and adherence to *Middle East War/Conflict Cycles* (which begin in 2023). Related reports, dating back to 2007, can be viewed at:

<https://www.insiidetracktrading.com/17-year-cycle/>

1990 began the *Persian Gulf War*. 1973 was the *Yom Kippur War*. 1956 was the *Sinai Crisis*. 1939 timed the Arab Revolt & start of Holocaust. 1922 timed the *Middle East Peace Agreement* - carving

up the Ottoman Empire and Middle East... setting the stage for all that has transpired since then.

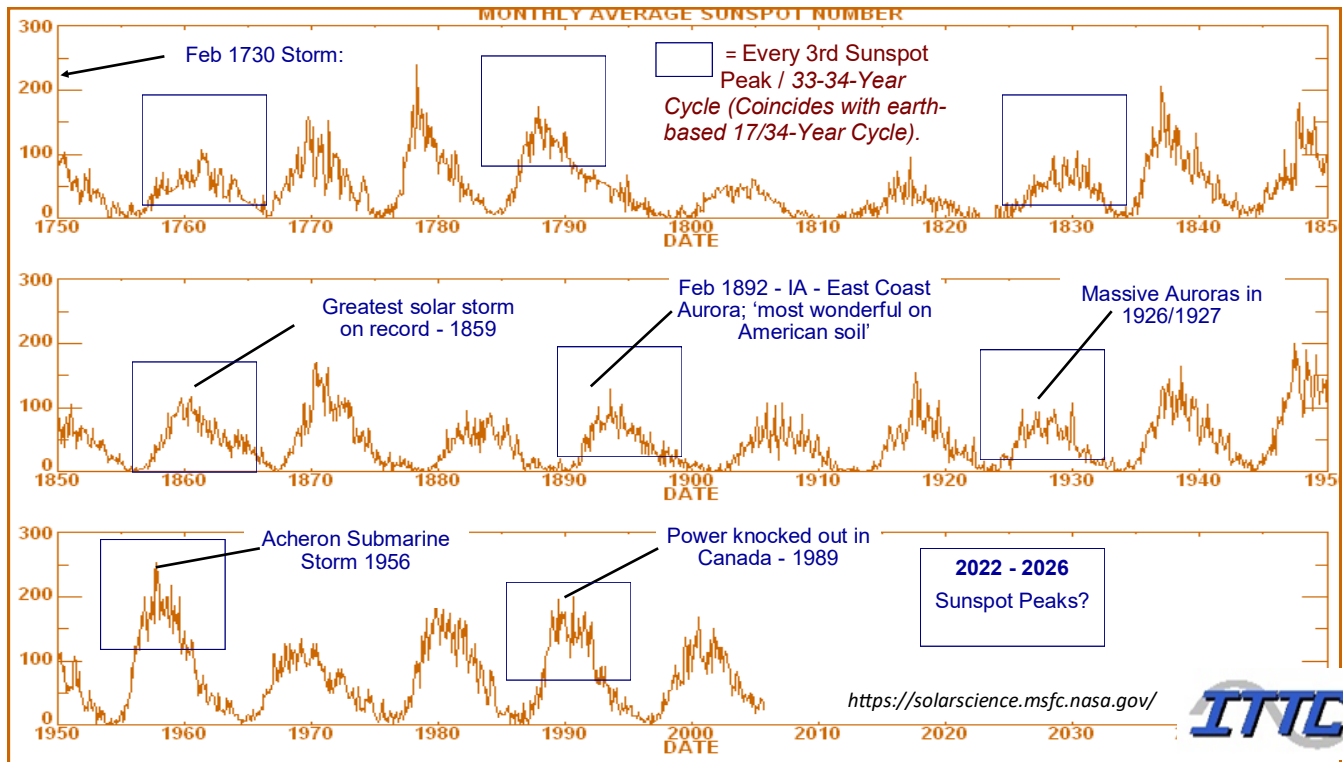
It is intriguing the US Dollar has a related (but offset/lagging) *17-Year Cycle* that comes into play in **2025/26** and portends a multi-year low (34 years from 1992 low and 17 years from 2008 low). Just as in both of those previous time frames, a downturn in US equities could lead or magnify a sell-off in the Dollar.

2025 is also the latest phase of a corroborating ~7 -Year Cycle that produced multi-year Dollar lows in 2004, 2011 & 2018. *More on this outlook to follow.*

3 - 6 month & 6 - 12 month/1 - 2 year traders and investors should have exited long positions in early-Sept '21. 1 - 2 month traders were triggered into longs in mid-Oct & exited them in early-Dec. Early-Jan '23 triggered the latest bullish period, which is likely to extend another [Refer to latest publications for updated analysis on how long/far this 2023 equity rally is likely to extend.]..."

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