

INSIIDE Track

40-Year Cycle - Flood, Food & Energy Cycles

Outlook 2023

40-Year Cycle Progression

04-27-23 - A new *40-Year Cycle* has begun. That has been a topic of discussion for the past ~10 years - identifying 2016 - 2021 as the *culmination* of the previous *40-Year Cycle* and 2022 as the *onset* of a new one... *often the most volatile time within cycles*.

Since much of this discussion has centered around the sequence of *40-Year Cycles* in America's history - dating back to 1776 - 1781 when a previous phase reached a crescendo - and since it would be helpful to have a naming system to distinguish each one, we will simply call this new one *40-Year Cycle VIII* or *40YC VIII*.

The previous phase completions were as follows:

- 40YC I - 1776 - 1781
- 40YC II - 1816 - 1821
- 40YC III - 1856 - 1861
- 40YC IV - 1896 - 1901
- 40YC V - 1936 - 1941
- 40YC VI - 1976 - 1981
- 40YC VII - 2016 - 2021

40YC VII Culmination

Over the past decade, *INSIIDE Track* repeatedly published expectations and projections related to past *40-Year Cycles* and detailed outlooks for **2016 - 2021**. These projections included:

-- A new *Currency War* between hard (gold) and fiat (paper) currency, with a new addition - digital (crypto) currency. Gold was forecast to enter the latest phase of its bull market (which began in 1999 & 2001) in 2016 and advance - on balance - into

late-2020/early-2021. Digital currency was similar, although its limited cycles projected a rally into late-2021.

<https://www.insiidetracktrading.com/40yc-currency-war/>

-- The return of *Disease/Influenza Cycles* in 2019 - when a *10-Year* & *17-Year Cycle* would collide with the trough of *Solar Cycle 24/25* - the time when outbreaks have often (historically) taken place.

<https://www.insiidetracktrading.com/wp-content/uploads/2020/04/2016-The-Golden-Year-III.pdf>

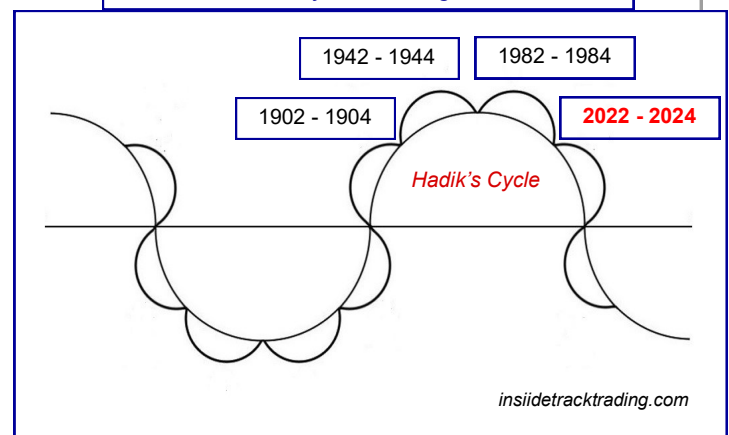
<https://40yearcycle.com/uncategorized/disease-cycles-influenza-covid-and-more/>

-- Coinciding with the return of *Disease/Influenza Cycles* in 2019, an uncanny sunspot-related cycle of '*Global Shaping Events*' & *Stock Panic Cycles* was forecast for late-2019/early-2020 - linked to China.

<https://www.insiidetracktrading.com/wp-content/uploads/11YC-Stock-Panics-Global-Shaping-Events-1.pdf>

-- A related finale in a 40-year stock market bull cycle that began in 1982 - and saw a decisive inter-

40-Year Cycle of Deluge/Flood



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vening low in 2002 (the 20-year midpoint) - was forecast to peak in early-2022.

A 40-year & 20-year low-low-(high; 2022) *Cycle Progression* - as well as related ~3.25-year, ~6.5-year, ~2-year, ~16-month & ~8-month cycles - all projected a major, multi-year stock market peak to take hold in 2022 ('most likely in 1Q '22, ideally in early-Jan '22).

-- A related *80-Year Cycle of War* would emerge in late-2021 - late-2025, ushering in *40YC VIII*. (The real global-altering events, however, are cyclically more likely in **2027 - 2029!**)

<https://40yearcycle.com/wp-content/uploads/2023/08/40-Year-Cycle-Transition-2021-Finale.pdf>

-- A new climate warming phase in 2016 - 2021 as a *40-Year Cycle of Drought* entered its parabolic phase (finale) and ultimately reached fruition, forecast to shift to a related *Cycle of Deluge/Floods* in **2022/2023**. This was very similar to the shifts experienced in 1982/83, 1942/43, 1902/03 & 1862/63...

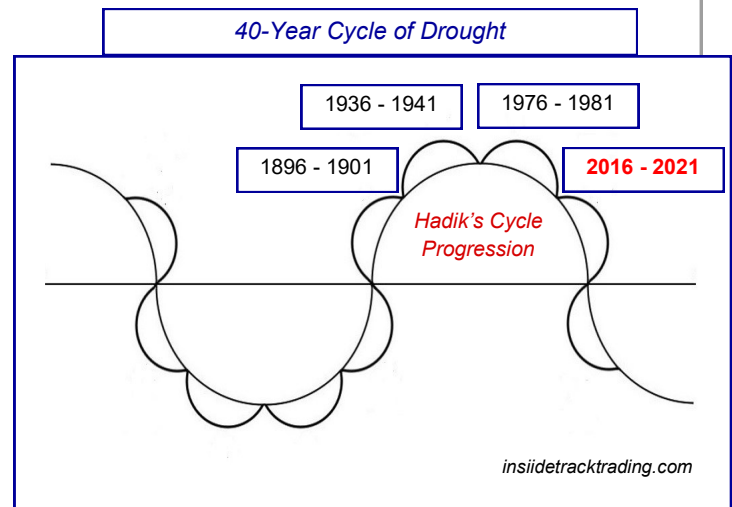
<https://www.insiidetracktrading.com/wp-content/uploads/40-Year-Cycle-Climate-Drought-Deluge.pdf>

<https://www.insiidetracktrading.com/wp-content/uploads/40-Year-Cycle-Drought-to-Deluge-in-2023.pdf>

-- Along with the crescendo of this latest *40-Year Cycle of Drought*, the late-2010's/early-2020's were projected to trigger *Food Crisis Cycles* and spur massive, inflationary surges in grain and food prices.

<https://40yearcycle.com/uncategorized/drought-to-deluge-cycles/>

-- The return of *Flood Cycles*, immediately after the culmination of *Drought Cycles* in 2021, would usher in a serious challenge related to topsoil... and ultimately create a new challenge for crop production.



Synergy, Synergy, Synergy

There were many corroborating cycles that reinforced these previously-published conclusions.

One involved another transition phase that was also projected to be momentous - the shift from *Solar Cycle 24* into *Solar Cycle 25*. That occurred in Dec 2019 - reinforcing all these other cycles expected to culminate, and ultimately transition, in **2020/21 - 2025**.

40YC VIII Onset; Food & Flood Cycles

The beginning of *40-Year Cycle VIII* - in **2022/2023** - was forecast to be just as dangerous and uncertain as the final years of *40YC VII*.

The *80-Year Cycle of War* actually ushered in *40YC VIII* and initiated what should ultimately be a dramatic 'week of time' - a 7-year period from **late-2021** into **late-2028**.

The preceding 'week of time' (2014 - 2021) laid the groundwork for this, timing the first 7 years of Russia's moves back into Ukraine.

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Those Crimea battles were fought exactly 160 years (4 periods of 40-Year Cycles & 2 periods of 80-Year War Cycles) from the original *Crimean War* in 1853 - 1856... reinforcing the cyclic nature of war. The 'terror famine' or 'great famine' of 1933 - also perpetrated against Ukraine, by the USSR - connects those 40-Year & 80-Year Cycles.

As the 'breadbasket of Europe' entered a phase of upheaval in early-2022, America's breadbasket is seeing the early challenges of these new *Flood Cycles* with dangerous flooding along the Mississippi River. At the same time, *America's Cornucopia* - the state of California - has suffered far worse flooding that is still expected to extend into 2024 and seriously impact crop production of many varieties.

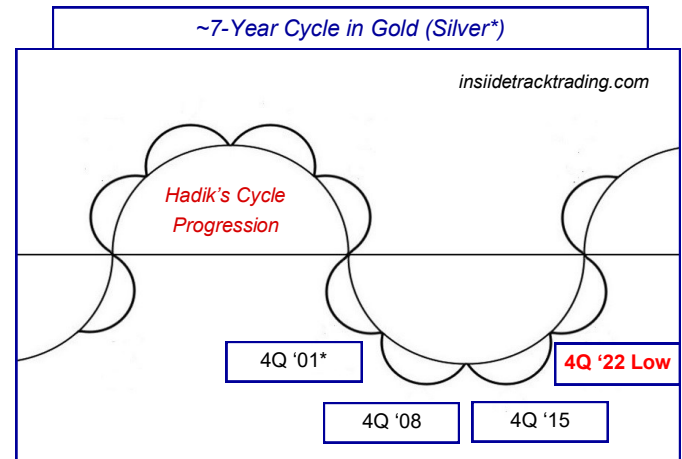
These flood cycles are also being felt in places as diverse as Utah and Ft Lauderdale, FL.

2023/2024 is fulfilling analysis dating back many years and there are still specific expectations (for **2023/24**) yet to be fulfilled...

GOLD & SILVER surged after bottoming in line with Gold's intermediate support and its correction target (~1820/GCJ, triggering a multi-week buy signal on March 8) and Silver's multi-month cycles. The **early-March '23** low fulfilled a ~6-month high (early-Mar '22) - low (early-Sept '22) - (low; **early-March '23**) *Cycle Progression* and a precise 50% retracement in time (4 mos up into early-Jan '23, 2 mos down into early-Mar '23) in Silver.

That reinforced the 1 - 3 month outlook for a new rally from **early-March** into **early-May '23**. A peak in **early-May '23** would fulfill a ~4-month low-high-(high) *Cycle Progression* in Silver and a ~3-month low-high-(high) *Cycle Progression* in Gold.

Both have already reached upside price targets so an intermediate peak could take hold (or have taken hold) at any time. The action of March/April '23



further validates the 1 - 2 year trend, structure and outlook... linked to what was projected to be major lows set in the final third of 2022 - Silver in Sept '22 and Gold in Nov/Dec '22.

That dovetails with analysis in interest rates, the Dollar and other markets/factors that often help or hinder Gold/Silver rallies.

A recent issue of *The Bridge* (a **Weekly Re-Lay** publication) further examined the wave structure and its potential for Gold & Silver. An excerpt of that analysis is included above and ties in with the chart on page 7.

In addition, there was also a discussion on the sometimes-correlated factors that were ushering in an ideal scenario beginning in 4Q '22:

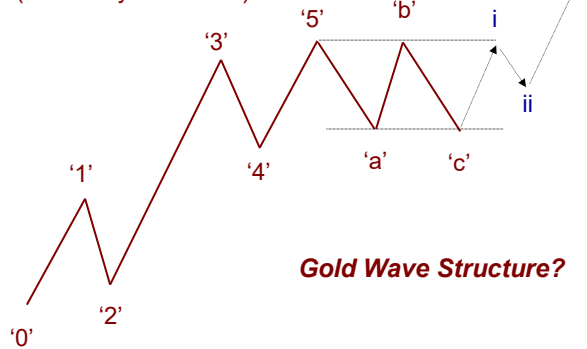
4-11-23 - "*Wave Structure Recap: In Sept & Nov '22, Silver & Gold completed multi-year corrective phases - 'a-b-c' and 'A-B-C' declines on two different magnitudes - and fulfilled cycle lows that came into play at that time. That ushered in what were forecast to be 1 - 2 year (or longer) bull markets...*

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Flat Correction to Triple Top

(Ultimately Exceeded)



In order to comprehend the magnitude/degree of current expectations, it is critical to understand the degree of those waves and cycles that were fulfilled with the 3Q/4Q '22 lows.

The Weight

One of the factors that removed a heavy burden from Gold & Silver was the US Dollar reaching a combination of major, multi-year upside price targets in 3Q/4Q '22.

(Even though cycles would still allow for a 2023 retest or spike above that high, the Dollar Index has fulfilled almost all of what has been projected for its 1 - 2 year and 10 - 15 year advance.)

At the time, Silver had signaled a major bottom (early-Sept '22), Gold was on track for a multi-year bottom in 4Q '22 (arrived in Nov '22), and cryptocurrencies were completing a major bubble-bursting plunge with Ether already signaling a 6 - 12 month bottom... and Bitcoin attacking major downside targets - projected to usher in a 6 - 12 month low."

Those factors should continue to play a role in the movement of Gold & Silver, including ongoing anal-

ysis for another rally in **3Q '23** - leading to an intra-year peak into **late-Oct/early-Nov '23**, the latest phase of a consistent ~9.5-month cycle that timed the March '22 peak and then the **early-Jan '23** peak.

A high in **early-Nov '23** would perpetuate an overarching ~19-month high-high-high-(high) *Cycle Progression* in Silver & complete a ~1-year/~360-degree advance in Gold.

That could be reinforced by an initial peak in **early-May '23**, creating a corroborating ~6-month/~180-degree low (early-Nov '22) - high (**early-May '23**) - high (**early-Nov '23**) *Cycle Progression*.

On a near-term basis, Gold is showing signs it may have peaked on an intermediate basis. It reached **2060/GCM** - the target described in the excerpt on page 6 - while fulfilling a 70 - 71-day/~10-week low-high-(high) *Cycle Progression* that is very similar to the cycle that helped pinpoint the 4Q '22 low.

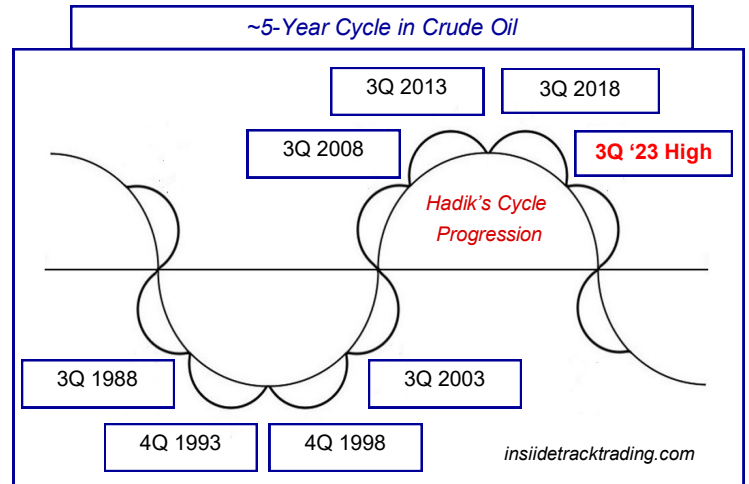
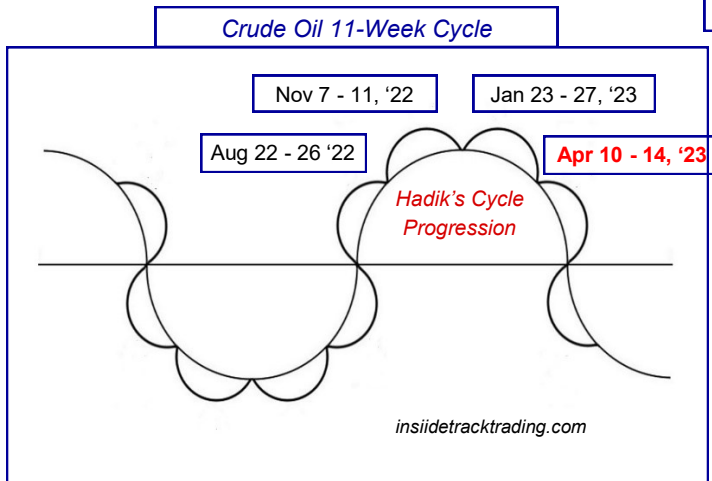
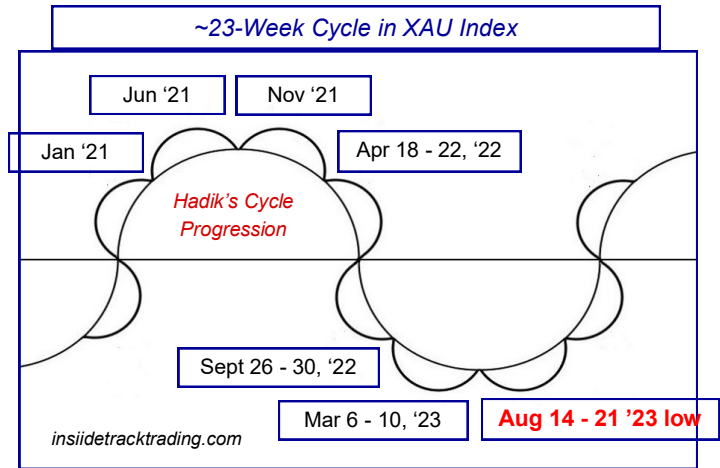
It also fulfilled a 24-day low-high-(high) AND a 22-day low-low-(high) *Cycle Progression*... shorter-term cycles that projected at least 2 - 3 week peaks (next phases are on **May 5/8**).

At the same time, both metals were attacking weekly *LHR* levels - extreme upside targets - and then turned down in sync with a 360-degree (1-year) cycle from when Gold & Silver triggered sell-offs in 2022.

The **XAU & HUI** surged after bottoming in **early-Mar '23**, the latest phase of a 21 - 23-week high-high-high-low-(low) *Cycle Progression* that helped pinpoint the Sept '22 low. That was corroborated by these indexes attacking their monthly *HLS* levels (extreme downside targets) in Feb '23 - fulfilling what was described in early-Jan:

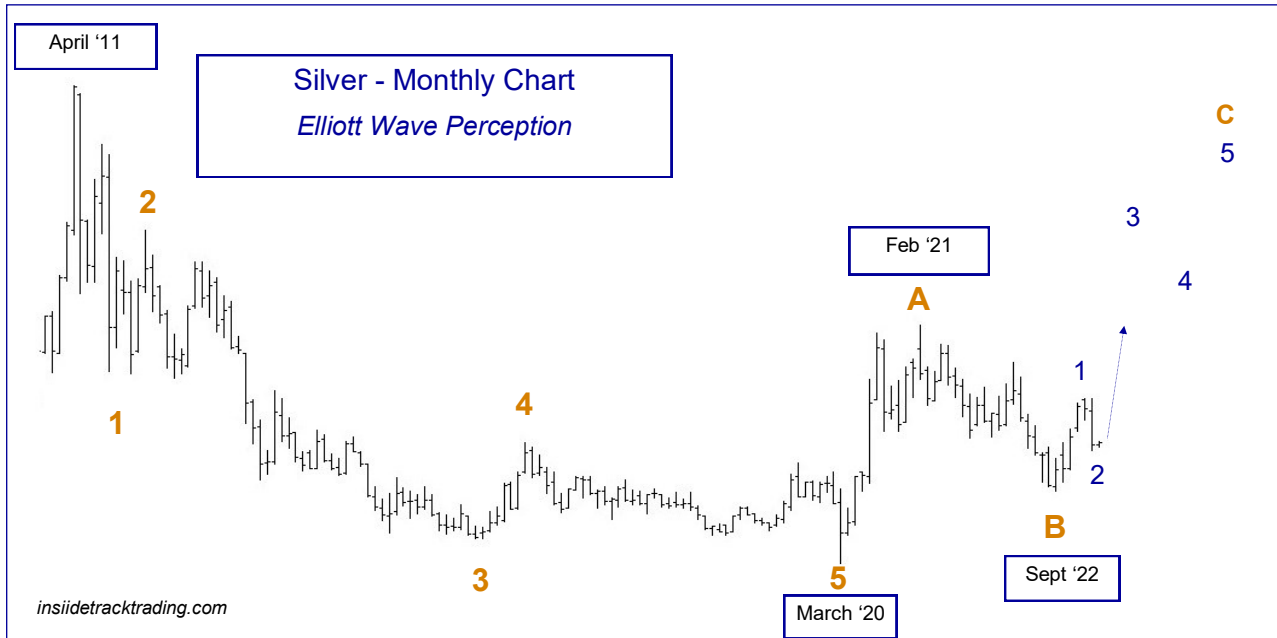
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1-05-23 - "The **XAU & HUI** have rallied since dropping into **Sept '22**, fulfilling a ~5-month (21 - 23 week) high-high-high-low Cycle Progression... That set the stage for a multi-month low with the ongoing outlook for a surge to **130 - 137/XAU & 245 - 251/HUI**... The next multi-month low could be seen in the first half of **March '23**, in line with the 23-week Cycle Progression..."

These indexes are expected to set their next major peak in **Oct/Nov '23** - the next phase of the 9 - 10 month/41 - 45 week high-high-high-(high) Cycle Progression that timed the initial Jan '23 highs. In the interim, they neutralized their intra-year uptrends, confirming that at least 2 - 4 week tops are intact. Some consolidation is now likely...

Crude Oil, Unleaded Gas & Heating Oil sold off after fulfilling cycle highs on **April 10 - 14 '23** - the convergence of a myriad of weekly cycles as well as a ~10-month low (Oct '20) - low (mid-Aug '21) -

high (mid-Jun '22) - (high; **mid-April '23**) Cycle Progression. Crude also fulfilled an ~11-week high-high-high-(high) Cycle Progression linked to previous highs in June, Aug & Nov '22 and Jan '23.

Along with overlapping 22-week & ~44-week cycles, this ~11-week cycle had been projecting a rally into **April 10 - 14, '23** (in sync with a related 74 - 77 -day high-high-high-(high) Cycle Progression in the XOI Index) and subsequent sell-off.

Natural Gas has plunged back to long-term support (~2.000/NG), completing a full cycle and full wave structure after peaking in line with an ~8.25-year high-high-high-(high) **2Q/3Q '22**, an ~11-month high-high-high-(high; **Aug 2022**) AND an overarching 22 - 23 month high-high-high-(high; **Aug/Sept 2022**) Cycle Progression that helped pinpoint the peak of its 2-year bull market.

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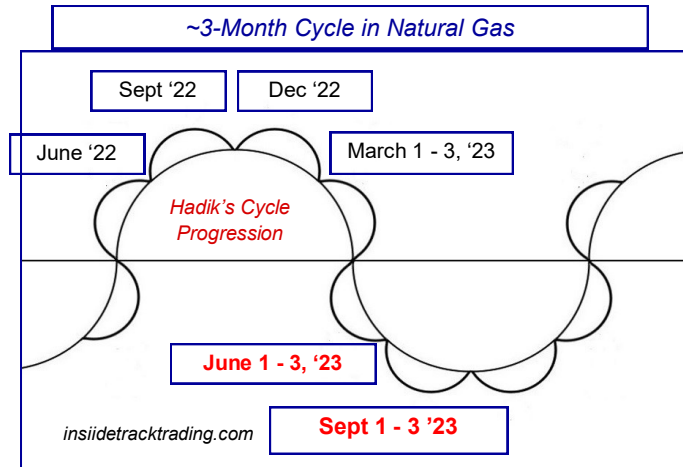
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This overall decline could extend into **late-May/early-June** - the next phase of a ~90-degree cycle.

As major, multi-generational cycles projected a shift from 'Drought to Deluge' in 2023, intermediate cycles in Gold are projecting a multi-month peak in **early-May '23**. That is forecast to lead to another lengthy corrective period that does not bottom until the second half of **August '23**. The next important peak is most likely in **early-Nov '23**.

All of this is just the 'opening act' for what is expected in 2024 & 2025, when the real 'stuff' begins to hit the fan... *in a matter of speaking*. Another market in focus is Natural Gas, which perfectly fulfilled upside targets, cycles, wave targets, and timing objectives in 3Q '22 and is expected to ultimately bottom out in/around **early-June '23**.

That would usher in the potential for a new bull market in Natural Gas, beginning in **late-2023/early-**



2024. Overlapping that, Crude Oil is expected to see a **3Q '23** surge that peaks in **~Sept '23**. The stage is being set for 'fireworks' in **2024/2025!** *IT*



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